

The Inner Planes Of Creation

Various aspects of Divine Light & Sound-Current
(an approximation only)

The Country of
Saints



ANAAMI

The Nameless,
realm of Wonders

Realm of
Eternity



Realms of
Pure Spirit



The Eternal Home
Sat Purush
The Supreme Being
dwells in Sach
Khand
Trillions of suns
and moons
It is All Light

The Inconceivable
Region
Adi Shabd



Nirvan Pad
Land of the Holy

The True Home
Here, Soul merges
in God as a drop
merges in the ocean
Predominant Sound
Currents:
Veena & Bagpipes



BHANWAR
GUPHA

The Rotating Cave
Soul realizes here its
oneness with God
Predominant Sound
Current:
Flute

The Sun of this plane
exceeds 100,000
physical suns



MAHA SUNN

Realm of Mahakaal
The no man's land
on the inner journey



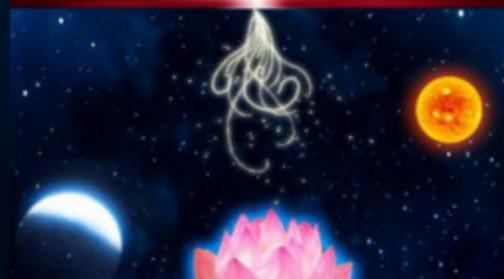
The barrier region of
darkness & silence

Par Brahmm
The Super Casual
Beyond Mind and
Maya



DASWAN DWAR

Full Moon exceeds
1000 outer moons



The Pool of Nectar
Amritsar / Mansarovar
Predominant Sound
Currents:
Sarangi & Sitar

Brahmand
The Casual Plane
Home of the Mind



TRIKUTI

Red Rising Sun



The Golden Mountains
Mer, Sumer & Kailash
Predominant Sound
Currents:
Thunder & Drums

Anda
The Astral Plane



SAHASRAR

The Thousand Petal
Lotus and Bunk
Naal

Heavens & Purgatories
Stars, Suns & Moons
Predominant Sound
Currents:
Bells & Conch

Pind
The Physical Plane

Chakra	Divinity	Color
Third Eye	Soul	Indigo
Throat	Shakti	Blue
Heart	Shiva	Green
Navel	Vishnu	Yellow
Genitals	Brahma	Orange
Rectum	Ganesh	Red

The Journey begins

Six Chakras of Pinda

Chakra	Divinity	Color
Third Eye	Soul	Indigo
Throat	Shakti	Blue
Heart	Shiva	Green
Navel	Vishnu	Yellow
Genitals	Brahma	Orange
Rectum	Ganesh	Red

THE GRAND SCHEME OF ALL CREATION

8 Regions

ANAMI LOK

The Nameless Region

7 of

AGAM LOK

The Inaccessible Region

6 all

ALAKH LOK

The Invisible Region

5 Spirit

ALL LIGHT

SACH KHAND

The True Home

4 SPIRIT

MATTER



BHANWAR GUPHA

The Rotating Cave

Planes

of the

MAHA SUNN

The Great Void

3 SPIRIT

MATTER



DASWAN DWAR

PARABRAHMANDA *Supercausal Plane*

Five

2 SPIRIT

MATTER



TRIKUTI

BRAHMANDA *Causal Plane*

Charged

1 SPIRIT

MATTER



SAHANSDAL KANWAL

ANDA *Astral Plane*

Words

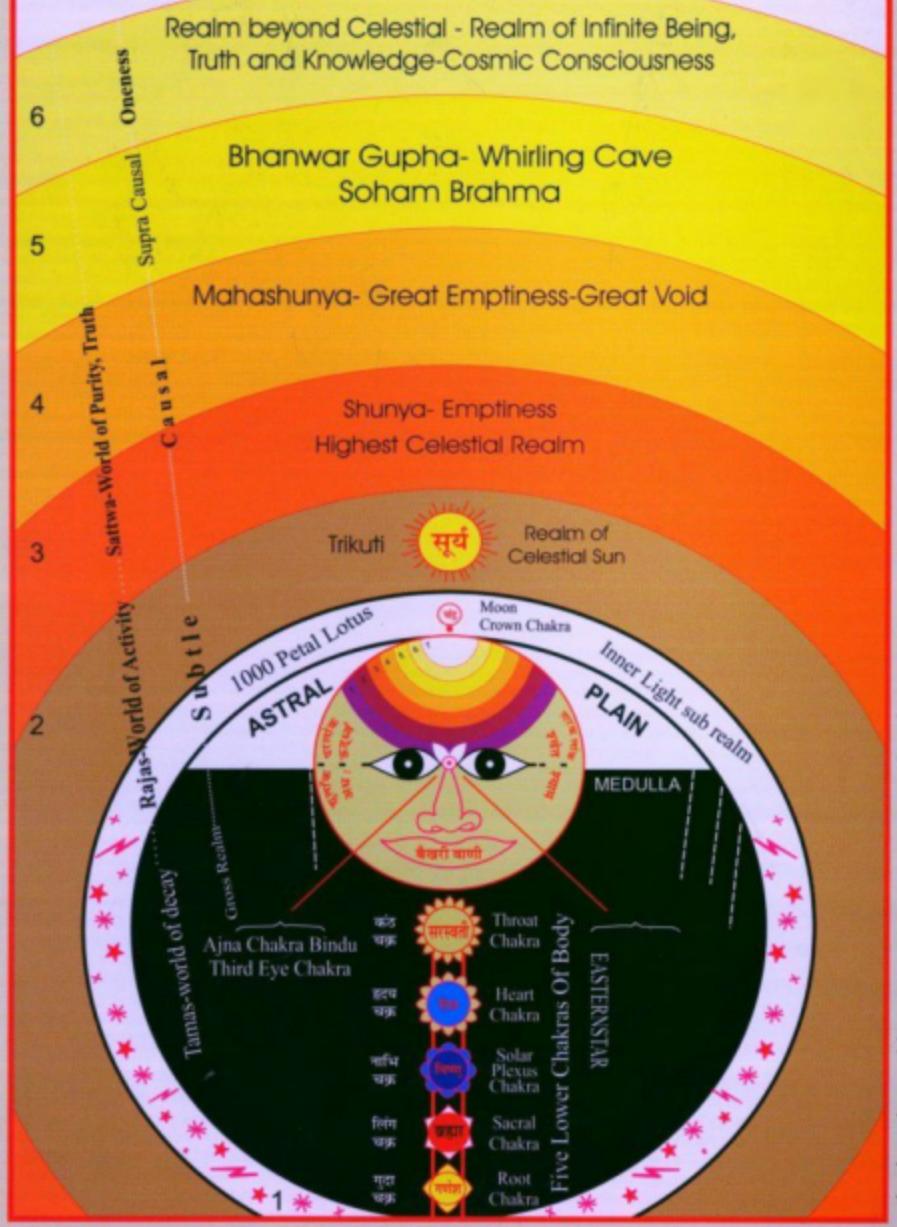
ALL MATTER

MATERIAL UNIVERSE

PINDA *Physical Plane*

7 Turiyatita State

Absolute Nirvana



Drop merge into ocean, this knows everybody but ocean merge into drop this understand rare. (Sant Kabir)

Shiva Samhita: "Focusing on any of the Chakras results in specific benefits peculiar to each Chakra. By focusing on the ajna chakra all the benefits of all the lower chakras are acquired plus those specific to ajna."

शब्दातीत पद

परमनिर्वाण पद



महाशून्य



Supreme Sovereign, Parmatma, Param Purush, Eternal, Non-Dual, Unborn, Infinite, Ineffable, Inaccessible, Unintelligible Being

ABSOLUTE NIRVANA (LIBERATION)

NORTH

GOD (SELF)

Nameless, Soundless, Formless State Beyond Turiya or Kaivalya, Beyond Non-Conscious & Conscious Realms

Nirgun

Anahat Shabd, Sar Shabd, Sat Shabd, Adi Shabd, Samashti Pran, Word, Sat Nam, Nirgun, Akshar Purush, Sat Attribute-less

AUM



UNSTRUCK PRIMAL MELODY/
HIRANYAGARBHA

KAIVALYA/ CONSCIOUS
(CHETAN) SPHERE

CON
SCI-
OUS
SOU
ND

HOOT

Samyavastha Dharini Moola
Prakriti (Three-fold Equilibrium
Primordial Nature)

SOHAM
BRAHM

BHANWAR GUFA
(WHIRLING CAVE)/
SOHAM BRAHM

MAHAKARAN (SUPRA-
CAUSAL) SPHERE

HOOTAL
HOOT

NO
N-
CO

Realms
Dominant
in
Satogun
(Purity &
Goodness)

RA RAM
BRAHM

SHOONYA
(VOID)

KARAN
(CAUSAL)
SPHERE

HAHOOT

NS
CI
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Realms
Dominant in
Rajogun
(Worldly/Sensual Passion)

MAYA
BRAHM

TRIKUTI
(SUN)



JYOTI
NIRANJAN

SAHASRAAR



SOOKSHMA
(ASTRAL)
SPHERE

LAHOOT

SO
UN
D

Realm Dominant in
Tamogun (Ignorance
or Dark
Propensities)



AJNA CHAKRA/ SUSHUMNA/ THIRD
EYE/ TENTH DOOR/ SINGLE EYE

ZABROOT

L
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MALKOOT

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"That a droplet is contained within the ocean is known to all; that the ocean also is contained within the droplet is known in experience to the rarest of rare few" - Sant Kabir Sahab

"In this body are all kinds of knowledge, in this body reside all the divine deities, in this body are all the holy places of pilgrimage and all the attributes of the Macrocosm; but these are known only with Guru's guidance" - Jnan Sankalini Tantra

Fig. A Schematic Sketch Showing Various Important Cosmic Planes Seen Within the Body

(Based on the teachings of Sadguru Maharshi Mehi Paramhans & Maharshi Santsevi Paramhans)

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FIVE REALMS OF SPIRITUAL JOURNEY





The Grand Hierarchy of Creation

No. of Petals	Names of the levels, stages, regions or planes of consciousness			
Brahmanda	Anami	Nameless	GOD	
	Agam	Inaccessible		
	Alakh	Imperceptible		
	Sat Lok	True Region		
	Bhanwar gupha Sohang	Whirling cave I am He		
	Maha sunn	Great darkness		
	Achint dip			
	Parbrahm (upper)	Beyond Brahm		
	Parbrahm (lower) Daswan Dwar	Tenth door		
	Trikuti (upper)	Three peaks Universal Mind		
Anda			Maha Pralaya	
	Trikuti (lower)	Three peaks Universal Mind		
	Set sunn	White void		
	Sahans dal kawal Sahasrara	Thousand petalled lotus		
	Asht dal kawal Tisra Til	Eight petalled lotus Third eye		
Pinda	Khat dal kawal	Six petalled lotus	Astral Planes	
	Antahkarana	Inner organ Instrument of thought		
	Ajna Do dal kawal	Eye centre Two petalled lotus		
	Vishuddha	Throat centre		
	Hridaya	Heart centre		
Physical Plane	Manipuraka Nabhi	Navel centre	Physical death	
	Svadhishthana	Genital centre		
	Muladhara Guda	Rectal centre		

